



Smokefree England

Easy read



SMOKEFREE

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What is this booklet about?

This booklet is about the new law that will stop people smoking in public places in England.



The new law will start on **1 July 2007**.



The National Health Service (NHS) hopes that the new law will help save a lot of lives in the next few years.

The law will also make places healthier and cleaner for everyone.



If you see a no-smoking sign somewhere it means it is against the law to smoke in that place.



Why is England going to be smokefree?

The new smokefree law will protect everyone from secondhand smoke.



Secondhand smoke comes from other people's cigarette smoke. Secondhand smoke contains over 4000 chemicals. More than 50 of these chemicals can cause cancer if you breathe the smoke.



If you breathe secondhand smoke you are more likely to get illnesses like lung cancer, heart disease or asthma.



Secondhand smoke is very bad for children. Secondhand smoke can give children bad breathing problems.



Which places will be smokefree?

The smokefree law will cover nearly all public buildings and places where people work. It will cover places like: pubs, clubs, bars, cafes, shops, offices and factories.



The law does **not** cover private houses.



Special rooms in offices where people used to be able to smoke and other smoking areas indoors will not be allowed. So anyone who wants to smoke will have to go outside.



The law will also cover public transport like buses and trains.



It will also cover vehicles like cars and trucks if they are used for work by more than one person, even if they use it at different times.



What will happen if people smoke in a smokefree place?

In other countries which have smokefree laws, most people obey the law. So we hope that there will not be too many problems with the new law in England.

But, if someone does smoke in a smokefree place, they will be breaking the law. They may have to pay up to **£200** if they smoke in a smokefree place.

This is what different people may have to pay if they break the smokefree law:

Smoking in a smokefree building or vehicle

The person who smokes must pay **£50**.

(They will only have to pay **£30** if they pay in less than 15 days.)

If they are taken to court, they may have to pay up to **£200**.



Not putting up no-smoking signs

The person who owns or runs the smokefree building or vehicle will have to pay **£200** if they don't put up no-smoking signs.

(They will only have to pay **£150** if they pay in less than 15 days.)

If they are taken to court, they may have to pay up to **£1000**.



Not stopping someone from smoking in a smokefree place

The person who owns or runs the smokefree building or vehicle will have to pay up to **£2500** if they do not stop someone from smoking. This will be decided by a court.



What to do if you want to stop smoking

About 7 out of every 10 smokers say they want to stop smoking. The new smokefree law could help them stop.

If you would like to stop smoking, you can get lots of help.

Here is a list of who can help you.

Local NHS Stop Smoking Services
To find your local service you can:

- call the NHS Smoking Helpline free on **0800 169 0 169**;
- visit the website **www.gosmokefree.co.uk**;



- send a text to 88088 with the word 'GIVEUP' and your full postcode; and
- ask at your local GP, pharmacy or hospital.

NHS Smoking Helpline

You can speak to someone who will give you stop smoking advice by calling 0800 169 0 169. This phone line is open from 7am to 11pm every day.

www.gosmokefree.co.uk

This is a website where you can get advice and support to stop smoking, and to stay stopped.



How to find out more



Together

This is a free service to help you stop smoking which is based on ex-smokers advice and medical research.

You can ask them to give you information by:

- emails;
- text messages;
- mailing packs; and
- phone calls.

If you want more information about Together:

- call the NHS Smoking Helpline on **0800 169 0 169**, or
- visit the website **www.gosmokefree.co.uk**



If you want more information about the new smokefree law in England, or if you want this leaflet in another format like large print, you can:

- visit our website **www.smokefreeengland.co.uk** or
- call Smokefree England on **0800 169 169 7**.



