

May

Newsletter

MEET THE TEAM



Name: Emily

Job Title: Apprentice Receptionist/Care Navigator.

Welcome to the team Emily !

Emily has joined the practice as our new apprentice to learn and expand her skills whilst completing business administration qualification.

Congratulations to Harry !

Harry started his apprenticeship last year and has now completed it with a distinction !
Well done Harry !!



STATISTICS

Here are the incoming phone call and Online Accurx statistics for reception.



March 2024

Calls 4748
Accurx 2980



April 2024

Calls 4373
Accurx 2930

You can now self-refer to Podiatry!

Patients can now access specialist Podiatry services without having to go via their GP or other health professional first. This direct access is for people over 16yrs of age with podiatric problems.

Please see our website for advice, leaflets and videos of common foot and ankle conditions.

The Self request for Podiatric assessment form is now on the Trust website to be referred to the teams in North and North East Lincolnshire. You can also send photos with the form to support triage.

The website is: www.nlg.nhs.uk/services/podiatry/podiatry-self-referrals/

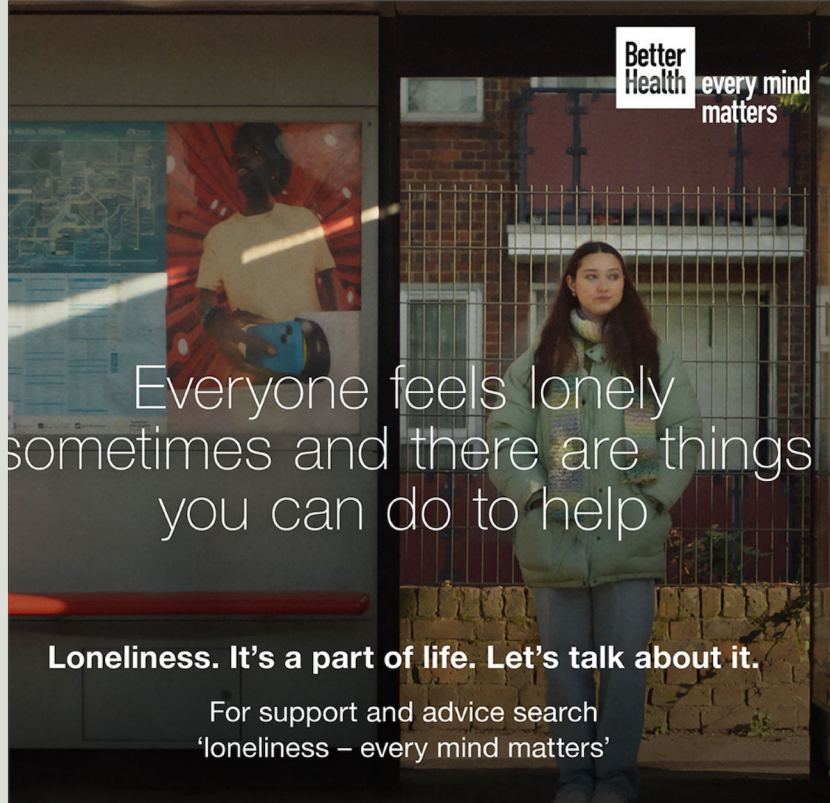
Loneliness campaign

We are all affected by loneliness at times in our lives. The Every Mind Matters Loneliness campaign aims to normalise feelings of loneliness to reduce the stigma, so people feel able to seek help and support.

Targeted at 16 - 24 year old's, one of the most at risk audience groups, the campaign aims to reduce the stigma of loneliness, increase knowledge of where to find support and encourage taking action.

If you or someone you know is feeling lonely, search 'Loneliness Every Mind Matters' for support and advice or go to

www.nhs.uk/every-mind-matters/life-challenges/loneliness/.



Better Health every mind matters

Everyone feels lonely sometimes and there are things you can do to help

Loneliness. It's a part of life. Let's talk about it.

For support and advice search 'loneliness – every mind matters'



Put it by the loo.

Don't put it off.

The NHS bowel cancer screening kit can detect signs of cancer before you notice anything is wrong.



BOWEL SCREENING

Everyone aged 60 to 74 years who is registered with a GP and lives in England is automatically sent an NHS bowel cancer screening kit every 2 years.

The programme is expanding so that everyone aged 50 to 59 years will be eligible for screening. This is happening gradually over 4 years and started in April 2021 with 56 year olds.

The programme has also started to include 58 year olds, so you may get a test before you're 60.

Make sure your GP practice has your correct address so your kit is posted to the right place.

If you're 75 or over, you can ask for a kit every 2 years by phoning the free bowel cancer screening helpline on 0800 707 60 60.

If you're worried about a family history of bowel cancer or have any symptoms, speak to a GP for advice.