

Newsletter

AUGUST

Meet the Team



Name: Emily

Job Title: Reception/Care Navigator

How long have you been doing the role: 9 weeks.

Specialist area: Reception

What do you most enjoy about the job: I have enjoyed learning the practices procedures and becoming part of the team.

Please welcome our New and returning ST3 GP Registrars



Dr Mohammed Al-Hattami



Dr Sakar Salih



Dr Oluwaseun Ojo

We also have a new Advanced Nurse Practitioner.

We are delighted to introduce Justin Petch, who has recently joined the nursing team to initially support with our triage system. Justin will be with us every Wednesday & Thursday.



STATISTICS

Here are the incoming phone call and Online Accurx statistics for reception.

July 2024

Calls 4034

Accurx 2816



PREPARING FOR YOUR WINTER VACCINE!

OUR CLINICS WILL BE STARTING FROM SEPTEMBER AND OCTOBER. ALL ELIGIBLE PATIENTS CAN BOOK APPOINTMENTS NOW OR THEY WILL BE CONTACTED BY THE SURGERY IN DUE COURSE .



Flu Vaccine

All eligible adults will be able to get the flu vaccine from October 2024 this year.

We are able to book patients in now - so contact us if you think you are eligible.

Pneumonia vaccine

The pneumococcal vaccine helps protect against serious illnesses like pneumonia and meningitis. It's recommended for people at higher risk of these illnesses, such as babies and adults aged 65 and over.

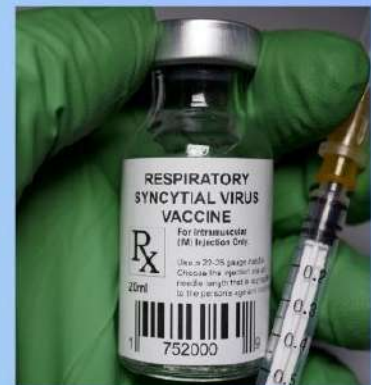


Covid vaccine

As we move into autumn, protection from any earlier COVID-19 vaccination you may have had will be starting to wane. For those who are more likely to become seriously ill from COVID-19, the NHS offers a free vaccine in the autumn, previously known as the 'Autumn Booster'.

RSV vaccine

A vaccine to help protect against RSV will be available on the NHS from September 2024. You'll be able to get the vaccine if: you're aged 75 to 79, you're 28 weeks pregnant or more – this will help protect your baby for the first few months after they're born.



Shingles vaccine

The shingles vaccine helps protect against shingles. It's recommended for all adults turning 65, those aged 70 to 79 and those aged 50 and over with a severely weakened immune system.

AUGUST IS NATIONAL PSORIASIS AWARENESS MONTH

August is Psoriasis Awareness month and is used as an opportunity to educate and inform sufferers on a range of topics varying from treatment, causes, triggers and management of the inflammatory and often irritating disease.

The cause of psoriasis is still unknown but specialists do know that it is largely affected by the immune system and genetics.

Affecting men and women, all races and all ages, the disease can display on a variety of body parts at any given time therefore it is important to understand what you can do about it as and when you are affected by it. Learning to successfully manage treatment can take a long period of time but there are many ways in which the disease can be controlled and treated.

Whether you chose to do this via medication, holistic, complementary and alternative approaches, dietary control or lifestyle choices is down to each individual but there is a huge amount of support and information available enabling you to find the best solution.

An often irritating and sometimes challenging disease, we hope you can find support to manage the symptoms successfully. The National Psoriasis Foundation website has lots of useful information to guide you.



Have your RSV vaccine to help protect you

RSV can cause pneumonia
which can be serious



Your GP will invite you for your free RSV vaccination if:

- You turn 75 years of age on or after 1 September 2024
- You are already aged 75 to 79 years old on 1 September 2024

For more information on the RSV vaccine you can read this leaflet here: www.gov.uk/government/publications/respiratory-syncytial-virus-rsv-vaccination-for-older-adults or speak to your practice nurse, GP or health team.



SCAN ME



Thank you for treating everyone with care and respect

We do not tolerate any form of racism or discrimination

Your care may be delayed or refused if you are
abusive to colleagues

Say no to racism

All are welcome and we are
stronger together

WE'RE
BETTER
THAN
THAT