

MAY

2026 Newsletter

Need help using the NHS App?



NHS App Support Session coming soon!

Date to be confirmed.

Please let us know if your interested in attending a session.



We can help with:

- Signing up for the NHS App
- Ordering repeat prescriptions
- Viewing your messages
- Accessing your test results
- Booking appointments



COVID BOOSTER CLINIC.

Last call for eligible patients to book in for your Covid booster. Please contact reception.



Friends & Family Test

Results April 2026



89% of patients rated us Good or Very Good after their appointment!

AS ALWAYS, THANK YOU FOR YOUR FEEDBACK! | We're here for you.

April 2026 Statistics

Practice Performance Overview



MAKE MAY PURPLE

Together we can conquer stroke.

Make May Purple is the Stroke Association's annual campaign to raise awareness of stroke, raise funds for research and support, and encourage people to take action to reduce their risk.



Stroke is a medical emergency.

Act FAST. Save lives.

THE CAMPAIGN MAKES A DIFFERENCE



RAISE AWARENESS

Educate the public on the signs of a stroke (using the FAST test) and that it is a leading cause of disability.



FUNDRAISING

Encourage individuals and organizations to hold events like bake sales, quizzes, or wear purple.



SUPPORT

Providing resources for stroke survivors and their caregivers, focusing on rebuilding lives after a stroke.



PREVENTION

Promoting healthier lifestyles (e.g., diet, exercise, smoking cessation) to reduce stroke risk.

HOW YOU CAN GET INVOLVED



WEAR PURPLE

Show your support by wearing purple and sharing on social media with [#StrokeAwarenessMonth](#)



GET RESOURCES

Use the Stroke Association's free materials such as posters, leaflets, and social media images.



DONATE

Funds raised help support people affected by stroke and fund vital research.



SPREAD THE WORD

Talk to your friends, family and community about stroke and help save lives.

THE FAST TEST

Learn the signs. Act FAST. **Call 999.**

F



FACE

Has their face fallen on one side? Can they smile?

A



ARMS

Can they raise both arms and keep them there?

S



SPEECH

Is their speech slurred or unusual?

T



TIME

Time to call 999 if you see any of these signs.

**CALL
999**

IMMEDIATELY



Together we can **rebuild lives** and create a world **free from the impact of stroke.**

Find out more and get involved at stroke.org.uk/makemaypurple



Join us this Stroke Awareness Month!

Help turn the UK purple to raise vital funds and awareness of stroke.



For more information
scan the QR code above
or contact the team at
teamstroke@stroke.org.uk



Finding **strength**
through **support**